



**ABWA Sunset Chapter
District I
Sarasota, FL**

**A Chapter of the
American Business
Women's Association**

Celebrating 67 Years

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**The Sunset Chapter meets
the third Thursday of every
month!**

**The venue for January is:
Hotel Indigo
1223 Boulevard of the Arts
(6th Street)**

**Email Jeanne Hardman at
Jeannehardman@aol.com by
Tuesday before the meeting to
reserve your spot.**

The Sunsetter

January 2018

PRESIDENT'S MESSAGE

Dear ABWA Sisters:

Happy New Year! Welcome to 2018!

Now you've had a couple of weeks to get into the swing of things, have you made (or broken) any New Year's Resolutions? Here's an idea to help simplify your resolve. Forget about long (or short) lists of ambitions. Just put a note on your bathroom mirror or your computer screen that reads "FORGIVE."

You can first begin by forgiving yourself, for whatever reasons you made your resolutions in the first place. Resolving to lose weight? Start by forgiving yourself for overeating or neglecting to exercise. Then develop your plan for weight loss. You can't move forward if you're angry at yourself.

Next, concentrate on forgiveness in the workplace, at home, next door or across the street. In all disagreements, look for the middle ground, and you're likely to find it. Instead of placing blame, search yourself for accountability. Whatever offense you've suffered, whatever feelings have been hurt, it's critical to forgive and move on, instead of nurturing that pain for untold days, months or years to come.

The New Year gives you ample opportunity to step up with a gesture of good will - a card, a small gift, a phone call just to say "let bygones be bygones." Look how quickly little kids get over their hurt - they forgive because they literally forget about it in very little time. Follow their example.

Perhaps the hardest but most important thing to understand about forgiveness is that it doesn't even really matter if the person who hurt you deserves to be forgiven, because forgiveness is a gift you give yourself. It's not always about making the other person feel better about what happened. It's about allowing yourself to grow and finally move forward without pain or regret. Resolutions just don't get any better than that.

Have a fun filled day! It is going to be a GREAT week! Enjoy the moment.

The most reliable path to success is a simple one that anyone who chooses to do so can follow. Dream big dreams and take small steps, one after another after another until you're there.

See you this month as we forge ahead into the New Year wondering what joys and paths ABWA will lead us!

Julie Soderquist, President

Committee Responsibilities

Have you wondered what each of the committees is responsible for in our chapter—your wait is over. The new ABWA year is here. Take a look at each of the committees to see where your talents lie. Get involved within a committee.

Program Committee - Gena Caldwell (941.724.1425) Determines program topics that are business/market relevant. Attempts to schedule programming that would attract non-members during membership campaign periods. Provides topic/speaker info to newsletter chair. Introduces guest speaker at chapter meeting. Maintains compliance with chapter's operating budget.

Newsletter Committee - Julie Soderquist (941.320.2344) Publishes the chapter newsletter and distributes it to membership. Emails one copy to District VP and one to ABWA National. Maintains compliance with chapter's operating budget.

Professional Development: Irene Chen (941.320.4148) / Pat Case (941.302.8835) Aims at encouraging members to grow professionally and guide deserving candidates to scholarship awards funded by our chapter. Each year, our chapter contributes our fundraising monies to the Stephen Bufton Memorial Educational Fund (SBMEF) for various scholarship awards, in particular, the Impact Scholarships and Outright Grants. The Professional Committee meets a couple times a year and/or communicate via phone or emails to work on the following:

- Promote the program to potential applicants
- Determine the number and amounts of the awards for the annual Impact Scholarships
- Select the one applicant to represent our chapter for the annual Outright Grant
- Assist and follow-up on applicants to help them with the application process, if needed.

Committee may also work on the Business Skill Reimbursement Program for current members to aid in their career development.

Sunshine Committee: Francine LoCrao (941.320.7531) Sends cards to members for birthdays, illnesses, or deaths in the family and flowers when needed. Maintains compliance with chapter's operating budget.

Social Committee: Marilyn Halls (941.320.0743) Plans several events throughout the year to be held outside of the regular Chapter meeting.

Membership Committee: Membership: Debin Alderman (941.809.5057) / Lynn Luken (941.685.7084) Promotes membership growth. Coordinates membership campaign events. Maintains chapter membership strength by retaining existing members and the addition of new members. Assists in keeping the chapter roster up to date and reports any changes to the National office.

Fund Raising Committee (Ways & Means): Barbara Kiracofe (941.356.2541) / Julie Soderquist (941.320.2344) Plans fund raising projects as a means of supporting the chapter's annual goals. Presents its recommendations for all fund raising projects to the chapter for a majority vote. Maintains compliance with the chapter's operating budget.

Banquet Committee: Jeanne Hardman (941.922.4885) / Carole Rodgers (941.284.8623) Plans the Chapter monthly dinner menu with the hotel and emails out to membership for reservation. Checks members and quests in at the meeting along with the monies.

Publicity Committee: Sends promotional information covering national, chapter, and member achievements and chapter activities to all appropriate media. Lists of files information about the chapter with sources for potential member contact in the community, such as local chambers of commerce or public libraries, and Social Media.

Sunset Chapter Standing Rules

1. Any member who makes a dinner reservation for herself or a guest and does not cancel by Wednesday noon prior to the monthly meeting, will be responsible for the cost of the dinner and will be billed by the Treasurer. If a member or a member's guest check does not clear for payment, the member is responsible for reimbursing the chapter for both payment for dinner and any bank charges that may be incurred.
2. In order for members to be considered present and eligible to vote at a monthly meeting, they must be registered and have paid for dinner.
3. The Chapter President will receive 100% compensation toward registration and transportation costs to attend an ABWA District Conference or ABWA's National Women's Leadership Conference. She will be expected to represent the Chapter at all Conference activities and receive any awards the Chapter may earn.
4. The Chapter will elect a Woman of the Year each year. The person elected will receive 100% compensation toward registration and transportation to attend the Nat'l Women's Leadership Conference. The same will apply for a chapter Top 10 Nominee.
5. The Chapter will budget **\$5,000.00 toward registration and hotel expenses** and will be distributed among all primary members attending an ABWA District Conference or Nat'l Leadership Conference.
6. In order for a member to be nominated for President, she must have served a minimum of one year on an ABWA executive board.
7. Other than normal operating expenses, the Executive Board will approve bills up to \$100 without the approval of the membership.
8. Each Committee Chairperson will prepare a notebook of activities of the current year which will be passed along to the succeeding chair.
9. Any activity that would involve the Chapter's support must be presented to the Executive Board through the appropriate committee chair, before being submitted to the full membership.
10. In case of illness or accident of a member, birth, or death of the immediate family, Sunset Chapter will send a suitable acknowledgment to that chapter member.
11. The regular monthly meeting of the Sunset Chapter in the month of December will be the Holiday party sponsored by the Gulf Coast Council.
12. The Sunset Chapter will disperse with the business portion of the regular monthly meeting in the month the Business Associate Event is held.
13. The Sunset Chapter will abide by ABWA's Code of Conduct.
14. Tax return should be filed by the Outgoing President, incoming President and incoming Treasurer once books have been audited.

ABWA SUNSET
CHAPTER

Phone 941.320.2344
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January 2018

Invocation

Lord, in the quiet of this evening hour,
We come to Thee for wisdom and for power;
To view Thy world through only love-filled eyes;
To grow in understanding; to be wise,
And sure to see Thy guiding light; and thus
To know each other as Thou knowest us. Amen.

Benediction

O Guiding Spirit, Guardian of our days,
Be with us as we go our separate ways,
Help us to feel those thoughts that lift and bless,
To know a closer bond of friendliness,
To see thy beauty, always, every day
Translated into living, this we pay. Amen.

ABWA Mission Statement

The mission of the American Business Women's Association is to bring together business women of diverse backgrounds and to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.

January Birthdays

Birthdays are more than the odometer of our lives. Albert Einstein said, "As I grow older, the identification with the here and now is slowly lost. One feels dissolved and merged into nature. It makes me feel happy. The greatest experience we can have is the mysterious." Is there any greater mystery—or greater opportunity—than what lies ahead?

DeeAnn Garey-Roy	January 8
Anneliese Hardman	January 8
Toni Mailloux	January 15
Darla O'Brien	January 28

January Anniversaries

Irene Chen	January 1993
Debra Pitell-Hauge	January 2014



Changing Women's Lives...One Woman at a Time

Sunset Chapter Woman of the Year—Pat Case

Each year the Sunset Chapter recognizes our outstanding members. One very special recognition is our Chapter Woman of the Year. This prestigious award is selected and voted on by the members of the Sunset Chapter. The upcoming ABWA year (2017-2018) Pat Case will represent the Sunset Chapter as our Woman of the Year. Pat, you truly exemplify ABWA's profile of Chapter Woman of the Year.

Our Guest Speakers

Come to the meeting. Website design is the topic!

Mark Your Calendar for the Upcoming Activities

January 25	6:00p	Sunset Chapter Meeting, Hotel Indigo
February 14		Valentine's Day
February 15	6:00p	Sunset Chapter Meeting Hotel Indigo
March 15	6:00p	Sunset Chapter Meeting Hotel Indigo

January Dinner Choices:

The meeting of the Sunset Chapter of ABWA will be held on January 25th at Hotel Indigo. Please get your reservations in by January 22nd with your choice of entree and if you are bringing a guest their name and choice of entrée. Please let Jeanne know even if you are not attending.

Your dinner choices are: Chicken Delmonico; or
Grouper Piccata; or
Vegetarian Plate; or
Caesar Salad.

The cost for dinner is \$23.00

ABWA Sunset Chapter Dinner Venues

In light of the current situation, and the quality of food, at Hotel Indigo it has been mentioned a change of venue. This will be a topic of discussion at the chapter meeting. If you know of a place that can accommodate our chapter, please let us know at the meeting. Jeanne Hardman and I have visited one restaurant and we are open to looking at others, Thank you for your help.

ABWA SUNSET
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AB WA's Code of Conduct

1. All members will serve as goodwill ambassadors for the American Business Women's Association.
2. Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission.
3. Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.
4. Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.
5. Members will not use their personal power to advance their personal interests.
6. Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging the professional development of other members.

Impact Scholarship Update

Irene Chen, Professional Development Chair, sent the following information regarding our Impact Scholarships which we will be voting on this month. I thought it would be useful to include in the Sunsetter so each and every one of our members will have the chance to be prepared with any questions for Pat Case, Professional Development Co-chair. Please take a good look at this!

We need to decide on how many Impact Scholarship Awards to recommend to the members to vote on at the meeting next Thursday. The funds need to be sent to National by January 31, 2017.

Last year, we had 10 applicants and 4 awards of \$2000 each. At first we were low on applicants, but Nathaly just referred several of her friends and it looks like we may have 10 applicants again. I am inclined to have 4 awards (\$8000 plus \$400 processing fee). I think we have sufficient scholarship funds. This will mean at least 4 of the 10 applicants have to fully apply.

Please let us know as soon as possible as to how many Impact awards would you like to give out this 2018 year.

The applicants are as follow:

1. Paola Piascik (2017 winner)
2. Anneliese Hardman (2017 winner)
3. Tammy Young (2017 winner)
4. Grecia Corredor (new, referral from our Veterinarian speaker)
5. Anne (Elizabeth) Miller (Ringling Chapter's president. She plans to go for her PhD but has not decided on a school, so I don't know for sure about her)
6. Morgan Dobbins - (new, no referral, attending FSA, senior majoring in English)

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Changing Women's Lives...One Woman at a Time

Impact Scholarship Update *(continued from previous page)*

This past Monday, Nathaly texted me and referred 6 of her classmates. I have made contact with 4 of them and they are as follow:

7. Eunice Garcia (USF, biology major, senior)
8. Donna Rivera (SCF, biology major, Junior, transferring to USF)
9. Andrea Huertas-Meza Andrea (USF, international business, senior)
10. Gabrielle Jarmoszko (awaiting information from her)

Please Note: There are no minutes to report for the November meeting. Therefore, there are no minutes to present in the Sunsetter.

Sunset Chapter Vision

Enrich lives and empower ABWA members through business skills, development and leadership opportunities at the local and national level, as well as assist individuals in pursuing dreams of higher education through scholarships generated by an annual fundraising events.

I Am the New Year

I am the New Year. I am an unspoiled page in your book of time. I am your next chance at the art of living.

I am your opportunity to practice what you have learned during the last twelve months about life.

All that you sought the past year and failed to find is hidden in me. I am waiting for you to search it out again and with more determination.

All the good you tried to do for others and didn't achieve last year is mine to grant—providing you have fewer selfish and conflicting desires.

In me lies the potential of all you dreamed but didn't dare to do, all you hoped but did not perform, all you prayed for but did not yet experience.

These dreams slumber lightly, waiting to be awakened by the touch of an enduring purpose.

Author Unknown